

Mallusk XC 2025

Overall Results

Rank	Num	Name	Club	M/F	Group	Group Rk	Time
Senior Women and Male Vets (60+)							
1.	116	Sarah McNutt	North Belfast Harriers	Female	F	1.	00:23:02
2.	198	Emily Morris	Willowfield Harriers	Female	F	2.	00:23:35
3.	40	Angeline McShane	City of Derry AC Spartans	Female	F	3.	00:24:05
4.	174	Jennifer Martin	Tafelta AC	Female	F	4.	00:24:25
5.	92	Joanne Mills	Newcastle & District AC	Female	F	5.	00:24:28
6.	2	Lucy Backus	Annadale Striders	Female	F	6.	00:24:29
7.	91	Áine Gosling	Newcastle & District AC	Female	F40	1.	00:24:37
8.	4	Catriona Edington	Annadale Striders	Female	F	7.	00:24:39
9.	204	Emma Horner	Willowfield Harriers	Female	F35	1.	00:24:57
10.	208	Odetta Sidlauskaite	Willowfield Harriers	Female	F40	2.	00:25:04
11.	171	Patricia O'Hagan	St Peters	Female	F40	3.	00:25:06
12.	60	Karen Wilton	Jog Lisburn Running Club	Female	F50	1.	00:25:12
13.	172	Orlagh McKavanagh	St Peters	Female	F	8.	00:25:17
14.	28	Aisling Smith	Ballymena & Antrim AC	Female	U20	1.	00:25:30
15.	159	Norman Mawhinney	Scrabo Striders	Male	M	1.	00:25:42
16.	95	Natasha Henderson	North Belfast Harriers	Female	F	9.	00:25:47
17.	54	Gary Wilson	East Antrim Harriers	Male	M	2.	00:25:52
18.	128	Fiona McQuillan	North Down AC	Female	F40	4.	00:25:55
19.	175	Nicola Sargent	Tafelta AC	Female	F45	1.	00:26:11
20.	184	Suzanne Higgins	Tafelta AC	Female	F45	2.	00:26:17
21.	117	April Clarke	North Belfast Harriers	Female	F	10.	00:26:17
22.	108	Moirá Leheny	North Belfast Harriers	Female	F45	3.	00:26:19
23.	66	Philip Brines	Lagan Valley AC	Male	M	3.	00:26:20
24.	65	Shileen O'Kane	Lagan Valley AC	Female	F55	1.	00:26:23
25.	18	Amanda Perry	Ballydrain Harriers	Female	F50	2.	00:26:24
26.	199	Cara McDermott	Willowfield Harriers	Female	U20	2.	00:26:30
27.	20	Tori Smyth	Ballydrain Harriers	Female	F35	2.	00:26:32
28.	93	Roisin Rocks	Newry City Runners	Female	F40	5.	00:26:38
29.	191	Denise Logue	Victoria Park & Connswater AC	Female	F45	4.	00:26:39

Mallusk XC 2025

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Rank	Num	Name	Club	M/F	Group	Group Rk	Time
30.	136	Gemma Blake	Orangethorne AC	Female	F45	5.	00:26:42
31.	41	Gerry O Doherty	City of Derry AC Spartans	Male	M65	1.	00:26:43
32.	17	Christina Mcconnell	Ballydrain Harriers	Female	F35	3.	00:26:44
33.	180	Lindsey Shaw	Tafelta AC	Female	F	11.	00:26:48
34.	210	Joe Gallagher	North Belfast Harriers	Male	M65	2.	00:26:55
35.	5	Deborah Gilliland	Annadale Striders	Female	F	12.	00:26:57
36.	181	Judith McMaster	Tafelta AC	Female	F	13.	00:26:59
37.	107	Emily McRitchie	North Belfast Harriers	Female	U20	3.	00:27:03
38.	3	Eimear McCracken	Annadale Striders	Female	F40	6.	00:27:24
39.	197	Mary Slocum	Ward Park Runners	Female	F60	1.	00:27:28
40.	167	Emma Mulholland	St Peters	Female	F	14.	00:27:31
41.	72	Nuala Muldoon	Mallusk Harriers	Female	F45	6.	00:27:36
42.	96	Fionnuala O'Hare	North Belfast Harriers	Female	F	15.	00:27:37
43.	1	Zoe Trimble	Annadale Striders	Female	F	16.	00:27:39
44.	38	Judith Worthington	Ballymena Runners	Female	F45	7.	00:27:40
45.	134	Clair Quigley	North Down AC	Female	F45	8.	00:27:44
46.	201	Lois Arbuthnot	Willowfield Harriers	Female	F	17.	00:27:47
47.	6	Charlotte Watson	Annadale Striders	Female	F	18.	00:27:47
48.	182	Magali Cassidy	Tafelta AC	Female	F35	4.	00:28:04
49.	68	Sean Mcallister	Larne AC	Male	M60	1.	00:28:15
50.	124	Terry Eakin	North Down AC	Male	M75	1.	00:28:24
51.	50	Judith Nixon	Dromore AC	Female	F50	3.	00:28:25
52.	35	Geraldine Quigley	Ballymena Runners	Female	F50	4.	00:28:32
53.	31	Claire Ramsey	Ballymena Runners	Female	F40	7.	00:28:36
54.	9	Sarah Stewart	Annadale Striders	Female	F40	8.	00:28:37
55.	99	Una McConnell	North Belfast Harriers	Female	F45	9.	00:28:38
56.	48	Jillian Redpath	Dromore AC	Female	F50	5.	00:28:39
57.	10	Marianne Olier	Annadale Striders	Female	F	19.	00:28:41
58.	127	Olivia Cumming	North Down AC	Female	F	20.	00:28:49
59.	193	Gary Rea	Victoria Park & Connswater AC	Male	M60	2.	00:28:50
60.	211	Anne-Marie Carr		Female	F50	6.	00:28:51

Mallusk XC 2025

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Rank	Num	Name	Club	M/F	Group	Group Rk	Time
61.	94	Pat Rocks	Newry City Runners	Male	M70	1.	00:28:54
62.	27	Kirsty Bogle	Ballydrain Harriers	Female	F45	10.	00:29:00
63.	147	Ellen Mcgrattan	Portadown Running Club	Female	F55	2.	00:29:04
64.	131	Lindsay Doulton	North Down AC	Female	F45	11.	00:29:10
65.	37	Nena Cormican	Ballymena Runners	Female	F35	5.	00:29:12
66.	188	Sabrina McLaughlin	Triangle Triathlon Club	Female	F40	9.	00:29:13
67.	69	Sinead-Marie Mcallister	Larne AC	Female	F	21.	00:29:14
68.	123	Glynis Boyle	North Down AC	Female	F60	2.	00:29:15
69.	177	Louisa Kelly	Tafelta AC	Female	F45	12.	00:29:22
70.	114	Brian Stewart	North Belfast Harriers	Male	M70	2.	00:29:25
71.	207	Karl Dines	Willowfield Harriers	Male	M60	3.	00:29:29
72.	21	Debbie Mingout	Ballydrain Harriers	Female	F45	13.	00:29:37
73.	203	Jasmine Ellison	Willowfield Harriers	Female	F	22.	00:29:39
74.	64	Ken Dougan	Lagan Valley AC	Male	M60	4.	00:29:44
75.	7	Lucie Chenet Rea	Annadale Striders	Female	F	23.	00:29:48
76.	120	Claire Scott	North Down AC	Female	F50	7.	00:29:57
77.	269	John Taylor	East Down AC	Male	M45	1.	00:29:57
78.	16	Siobhán Quinn	Armagh AC	Female	F35	6.	00:29:59
79.	137	Brian Todd	Orangegrove AC	Male	M70	3.	00:29:59
80.	46	Mary MacKin	Dromore AC	Female	F65	1.	00:30:03
81.	34	Patrick Millar	Ballymena Runners	Male	M60	5.	00:30:03
82.	206	Emma Stevenson	Willowfield Harriers	Female	F45	14.	00:30:07
83.	129	Sarah Benton	North Down AC	Female	F50	8.	00:30:10
84.	138	Edwina Ternan	Orangegrove AC	Female	F40	10.	00:30:15
85.	47	Aine McNeill	Dromore AC	Female	F55	3.	00:30:23
86.	67	Ian Bailey	Lagan Valley AC	Male	M60	6.	00:30:33
87.	194	Elizabeth Watt	Victoria Park & Connswater AC	Female	F55	4.	00:30:38
88.	190	Anne Moore	Victoria Park & Connswater AC	Female	F45	15.	00:30:39
89.	196	Simon Watson	Victoria Park & Connswater AC	Male	M60	7.	00:30:41
90.	51	Rebecca Stewart	Dromore AC	Female	F	24.	00:30:41
91.	176	Niamh Gribben	Tafelta AC	Female	F45	16.	00:30:49

Mallusk XC 2025

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Rank	Num	Name	Club	M/F	Group	Group Rk	Time
92.	22	Emma Newell	Ballydrain Harriers	Female	F40	11.	00:30:58
93.	192	Athanasia Sevastaki	Victoria Park & Connswater AC	Female	F50	9.	00:30:59
94.	23	Debbie Matchett	Ballydrain Harriers	Female	F55	5.	00:31:05
95.	119	Heather Beattie	North Down AC	Female	F35	7.	00:31:09
96.	146	Julie Beattie	Portadown Running Club	Female	F55	6.	00:31:11
97.	149	Joanne McCauley	Portadown Running Club	Female	F50	10.	00:31:19
98.	49	James McCracken	Dromore AC	Male	M60	8.	00:31:25
99.	185	Louise Johnston	Tafelta AC	Female	F35	8.	00:31:28
100.	19	Katherine Moore	Ballydrain Harriers	Female	F40	12.	00:31:29
101.	105	Estelle Lowry	North Belfast Harriers	Female	F35	9.	00:31:30
102.	103	Alina Biskupska	North Belfast Harriers	Female	F40	13.	00:31:31
103.	115	Greg McClure	North Belfast Harriers	Male	M65	3.	00:31:45
104.	151	Leanne Smyth	Saintfield Striders	Female	F40	14.	00:31:47
105.	148	Sean Devlin	Portadown Running Club	Male	M60	9.	00:31:49
106.	150	Oonagh Mac Oscar	Portadown Running Club	Female	F	25.	00:31:49
107.	195	Beth O'Connell	Victoria Park & Connswater AC	Female	F	26.	00:32:07
108.	133	Marion Beattie	North Down AC	Female	F40	15.	00:32:12
109.	189	Lucie Rehova	TUNA TC	Female	F35	10.	00:32:22
110.	26	Kaitlyn Moffett	Ballydrain Harriers	Female	U20	4.	00:32:22
111.	100	John Casey	North Belfast Harriers	Male	M65	4.	00:32:36
112.	90	Angela Kerr	Newcastle & District AC	Female	F45	17.	00:32:36
113.	202	Debbie Wells	Willowfield Harriers	Female	F50	11.	00:32:37
114.	24	Karen Gibson	Ballydrain Harriers	Female	F45	18.	00:32:43
115.	132	Wendy Neely	North Down AC	Female	F40	16.	00:32:51
116.	158	Karen Collins	Scrabo Striders	Female	F45	19.	00:32:52
117.	153	Sara Mitchell	Saintfield Striders	Female	F50	12.	00:32:56
118.	59	Nuala Taylor	East Down AC	Female	F45	20.	00:33:01
119.	110	Emma Taylor	North Belfast Harriers	Female	F40	17.	00:33:06
120.	106	Donna McLaughlin	North Belfast Harriers	Female	F50	13.	00:33:09
121.	163	Gillian Rudden	Springwell Running Club	Female	F40	18.	00:33:12
122.	82	Jennifer Kelso	Monkstown Spartans	Female	F50	14.	00:33:22

Mallusk XC 2025

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Rank	Num	Name	Club	M/F	Group	Group Rk	Time
123.	55	Chloe Reed	East Antrim Harriers	Female	F	27.	00:33:28
124.	168	Maeve Haughey	St Peters	Female	F	28.	00:33:31
125.	97	Lorraine Hibburt	North Belfast Harriers	Female	F50	15.	00:33:43
126.	76	Suzanne Brennan	Mallusk Harriers	Female	F40	19.	00:33:50
127.	145	Heather Flint	Orangethorne AC	Female	F50	16.	00:33:52
128.	186	Shauna McKenna	Tafelta AC	Female	F40	20.	00:34:06
129.	157	Sonya Summersgill	Scrabo Striders	Female	F55	7.	00:34:14
130.	25	Anne McClurg	Ballydrain Harriers	Female	F50	17.	00:34:16
131.	152	Gillian Jordan	Saintfield Striders	Female	F45	21.	00:34:18
132.	156	Ann Strain	Saintfield Striders	Female	F50	18.	00:34:23
133.	32	Gemma Clyde	Ballymena Runners	Female	U20	5.	00:34:24
134.	43	Irene Downey	County Antrim Harriers	Female	F60	3.	00:34:25
135.	144	Elaine Weston	Orangethorne AC	Female	F45	22.	00:34:26
136.	141	Judith McCann	Orangethorne AC	Female	F45	23.	00:34:27
137.	170	Nadine Murray	St Peters	Female	F	29.	00:34:35
138.	173	Ciara Hoey	St Peters	Female	F40	21.	00:34:38
139.	154	Jan McMillan	Saintfield Striders	Female	F60	4.	00:34:41
140.	155	Malcolm McMillan	Saintfield Striders	Male	M60	10.	00:34:41
141.	87	Tracy McCaughey	Murlough AC	Female	F55	8.	00:34:49
142.	71	Sonia Millar	Mallusk Harriers	Female	F45	24.	00:34:58
143.	200	Heather Watson	Willowfield Harriers	Female	F45	25.	00:35:02
144.	80	Pamela McCafferty	Mallusk Harriers	Female	F60	5.	00:35:05
145.	30	Skye Walker	Ballymena Runners	Female	U20	6.	00:35:13
146.	45	Ian Bates	Dromore AC	Male	M65	5.	00:35:15
147.	89	Anne McCormick	Murlough AC	Female	F65	2.	00:35:25
148.	81	Billy Thompson	Monkstown Spartans	Male	M60	11.	00:35:31
149.	139	Jenny Powell	Orangethorne AC	Female	F45	26.	00:35:45
150.	58	Wayne Giles	East Down AC	Male	M65	6.	00:35:51
151.	143	Emily Paisley	Orangethorne AC	Female	F	30.	00:35:57
152.	98	Stephanie Coy	North Belfast Harriers	Female	F45	27.	00:36:00
153.	73	Shannen Taylor	Mallusk Harriers	Female	F	31.	00:36:36

Mallusk XC 2025

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Rank	Num	Name	Club	M/F	Group	Group Rk	Time
154.	102	Karen McClean	North Belfast Harriers	Female	F55	9.	00:36:55
155.	169	Gillian Colan-O'Leary	St Peters	Female	F50	19.	00:37:04
156.	179	Ann Niblock	Tafelta AC	Female	F55	10.	00:37:24
157.	142	Selina Myles	Orangethrope AC	Female	F40	22.	00:37:57
158.	162	Rachel Boyle	Scrabo Striders	Female	F35	11.	00:38:09
159.	135	Cara Jeffrey	North Down AC	Female	F45	28.	00:38:23
160.	396	Robert Meban		Male	M45	2.	00:38:25
161.	130	Kim McCourt	North Down AC	Female	F40	23.	00:38:28
162.	86	Caroline Burns	Murlough AC	Female	F50	20.	00:38:29
163.	74	Helen Agnew	Mallusk Harriers	Female	F45	29.	00:38:30
164.	85	Judith Robinson	Murlough AC	Female	F55	11.	00:38:41
165.	178	Geraldine Fullen	Tafelta AC	Female	F60	6.	00:38:42
166.	183	Liz Trimble	Tafelta AC	Female	F55	12.	00:38:44
167.	104	Frances Stroud	North Belfast Harriers	Female	F40	24.	00:38:45
168.	109	Gillian Roden	North Belfast Harriers	Female	F40	25.	00:39:04
169.	164	Joan Melanophy	St Peters	Female	F50	21.	00:39:08
170.	70	Bernadette McAteer	Mallusk Harriers	Female	F55	13.	00:39:10
171.	140	Catherine McIntyre	Orangethrope AC	Female	F35	12.	00:39:19
172.	160	Beverley Mckee	Scrabo Striders	Female	F45	30.	00:39:30
173.	79	Patrice McCann	Mallusk Harriers	Female	F45	31.	00:39:53
174.	84	Charisse Poland	Murlough AC	Female	F50	22.	00:40:07
175.	161	Lyndsey Blair	Scrabo Striders	Female	F40	26.	00:40:11
176.	165	Sarah Heron	St Peters	Female	F	32.	00:40:13
177.	111	Aoife Mccaughey	North Belfast Harriers	Female	F35	13.	00:40:19
178.	29	Nikki Hassan	Ballymena Runners	Female	F45	32.	00:40:46
179.	36	Catherine Stewart	Ballymena Runners	Female	F40	27.	00:40:47
180.	78	Shonagh Doheny	Mallusk Harriers	Female	F	33.	00:42:24
181.	113	Orlaith Duffy	North Belfast Harriers	Female	F	34.	00:42:34
182.	118	Pat O'Driscoll	North Down AC	Male	M75	2.	00:42:53
183.	112	Bernadette Duffy	North Belfast Harriers	Female	F65	3.	00:43:13
184.	83	Fiona Barr	Murlough AC	Female	F70	1.	00:43:25

Mallusk XC 2025

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185.	33	Brigid Quinn	Ballymena Runners	Female	F80	1.	00:43:34
186.	75	Sinead McLaughlin	Mallusk Harriers	Female	F35	14.	00:44:58
187.	166	Sarah Mcgeough	St Peters	Female	F40	28.	00:46:58

Mallusk XC 2025

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Rank	Num	Name	Club	M/F	Group	Group Rk	Time
Senior Men							
1.	325	Craig McMeechan	North Down AC	Male	M	1.	00:26:21
2.	286	Tom Fleming	Loughview AC	Male	M	2.	00:27:22
3.	273	Oisin Toye	Finn Valley	Male	M	3.	00:27:36
4.	227	Jonathan Spratt	Annadale Striders	Male	M	4.	00:27:51
5.	223	Cameron Stewart	Annadale Striders	Male	M	5.	00:28:06
6.	313	John Black	North Belfast Harriers	Male	M35	1.	00:28:10
7.	225	Chris Anderson	Annadale Striders	Male	M	6.	00:28:20
8.	352	Rory Campbell	Portadown Running Club	Male	M	7.	00:28:25
9.	389	Oliver Duffield	Willowfield Harriers	Male	U20	1.	00:28:28
10.	224	Daniel Squires	Annadale Striders	Male	M	8.	00:28:29
11.	391	Christopher Dean	Willowfield Harriers	Male	M35	2.	00:28:33
12.	249	James Hamilton	Ballymena Runners	Male	M	9.	00:28:42
13.	257	Owen McGinnity	Beechmount Harriers	Male	M	10.	00:28:45
14.	329	Dale Murray	North Down AC	Male	M35	3.	00:28:55
15.	258	Peter Carty	Candour Track Club	Male	M	11.	00:28:58
16.	330	Matty McParland	North Down AC	Male	M35	4.	00:29:12
17.	281	John Jackson	Lagan Valley AC	Male	M35	5.	00:29:12
18.	339	Danny Bradley	Orangegrove AC	Male	M35	6.	00:29:16
19.	287	Rudy Mayne	Loughview AC	Male	U20	2.	00:29:35
20.	236	Chris Drysdale	Ballydrain Harriers	Male	M	12.	00:29:36
21.	228	Chris Pollock	Annadale Striders	Male	M	13.	00:29:41
22.	296	Tom Magee	Mallusk Harriers	Male	M	14.	00:29:43
23.	317	James Trainor	North Belfast Harriers	Male	M35	7.	00:29:51
24.	326	Jamie McMeechan	North Down AC	Male	M	15.	00:29:55
25.	309	Eoin McConnell	North Belfast Harriers	Male	U20	3.	00:30:03
26.	318	Matthew McNutt	North Belfast Harriers	Male	M35	8.	00:30:07
27.	292	Mark Smith	Mallusk Harriers	Male	M55	1.	00:30:11
28.	333	Garry Morrow	North Down AC	Male	M40	1.	00:30:19
29.	218	Philip Cooper	Annadale Striders	Male	M45	1.	00:30:20

Mallusk XC 2025

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30.	312	Brendan McCambridge	North Belfast Harriers	Male	M	16.	00:30:21
31.	216	Marcel Corry	Annadale Striders	Male	M40	2.	00:30:22
32.	297	Adam McCann	Mallusk Harriers	Male	U20	4.	00:30:37
33.	321	Matthew McCombe	North Belfast Harriers	Male	M	17.	00:30:56
34.	316	John Kearney	North Belfast Harriers	Male	M	18.	00:30:56
35.	234	Ryan Galway	Ballydrain Harriers	Male	M35	9.	00:31:00
36.	215	Calum Irvine	Annadale Striders	Male	M35	10.	00:31:01
37.	256	Tony Stanley	Beechmount Harriers	Male	M45	2.	00:31:03
38.	361	Conor Grimes	St Peters	Male	M45	3.	00:31:04
39.	332	David McKeague	North Down AC	Male	M45	4.	00:31:07
40.	314	Ian Keys	North Belfast Harriers	Male	M	19.	00:31:21
41.	221	Conor McMullan	Annadale Striders	Male	M50	1.	00:31:26
42.	213	Edward Cooke	Annadale Striders	Male	M35	11.	00:31:27
43.	323	Steven Donegan	North Down AC	Male	M40	3.	00:31:27
44.	360	Ryan Henderson	St Peters	Male	M40	4.	00:31:32
45.	388	Alistair Duffield	Willowfield Harriers	Male	M50	2.	00:31:35
46.	315	Andrew Newell	North Belfast Harriers	Male	M	20.	00:31:38
47.	335	Seanie Meyler	Omagh Harriers	Male	M55	2.	00:31:44
48.	373	Matthew Mulholland	St Peters	Male	M	21.	00:31:46
49.	346	Ricky McKnight	PACE	Male	M45	5.	00:31:46
50.	331	Ricky Jordan	North Down AC	Male	M35	12.	00:31:47
51.	263	Sean O'Donnell	Foyle Valley	Male	M40	5.	00:31:48
52.	322	Dennis Scott	North Down AC	Male	M35	13.	00:31:48
53.	308	Michael Lamont	North Belfast Harriers	Male	M	22.	00:31:50
54.	222	Stephen McGrory	Annadale Striders	Male	M55	3.	00:31:56
55.	374	Gavin Murray	Tafelta AC	Male	M45	6.	00:32:00
56.	390	David Proctor	Willowfield Harriers	Male	M40	6.	00:32:01
57.	254	Michael Purcell	BARF	Male	M35	14.	00:32:04
58.	338	Keith Weir	Orangetown AC	Male	M45	7.	00:32:13
59.	375	Malachy Toner	Tafelta AC	Male	M	23.	00:32:15
60.	319	Neil Carty	North Belfast Harriers	Male	M55	4.	00:32:16

Mallusk XC 2025

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61.	237	Colin McClements	Ballydrain Harriers	Male	M45	8.	00:32:17
62.	345	Oliver Cook	PACE	Male	M35	15.	00:32:18
63.	264	Billy Reed	East Antrim Harriers	Male	M55	5.	00:32:31
64.	251	Tony Scullion	Ballymena Runners	Male	M40	7.	00:32:32
65.	255	Joe Rooney	Beechmount Harriers	Male	M45	9.	00:32:33
66.	337	Andrew McIntyre	Orangethorne AC	Male	M35	16.	00:32:38
67.	295	Matthew Scholefield	Mallusk Harriers	Male	M	24.	00:32:45
68.	381	Adam Harvey	Victoria Park & Connswater AC	Male	M35	17.	00:32:47
69.	327	Alasdair Mair	North Down AC	Male	M40	8.	00:32:49
70.	240	Brian Bogle	Ballydrain Harriers	Male	M45	10.	00:32:52
71.	220	Thomas McCorry	Annadale Striders	Male	M50	3.	00:33:16
72.	274	Jonny McGregor	Flying Machines Running Club	Male	M	25.	00:33:19
73.	294	Robbie Gould	Mallusk Harriers	Male	M	26.	00:33:24
74.	232	James Lappin	Ballydrain Harriers	Male	M45	11.	00:33:25
75.	353	David Curran	RoadRunnersAC	Male	M50	4.	00:33:37
76.	380	Mark Shields	Victoria Park & Connswater AC	Male	M55	6.	00:33:44
77.	290	Ramunas Stanevicius	Mallusk Harriers	Male	M40	9.	00:33:51
78.	394	Stephen Morris	Willowfield Harriers	Male	M50	5.	00:33:54
79.	324	Simon Boyle	North Down AC	Male	M55	7.	00:33:57
80.	348	Mark Whiteside	Portadown Running Club	Male	M	27.	00:34:10
81.	392	Matthew Allen	Willowfield Harriers	Male	M	28.	00:34:18
82.	363	Mark Willis	St Peters	Male	M45	12.	00:34:25
83.	344	Eoghan Gribbin	PACE	Male	M35	18.	00:34:32
84.	400	Mark Ramsey		Male	M	29.	00:34:32
85.	397	Cameron Christie		Male	M	30.	00:34:32
86.	230	Colin Bell	Ballydrain Harriers	Male	M50	6.	00:34:35
87.	276	Paul Beattie	Gym Co Harriers	Male	M35	19.	00:34:41
88.	384	James Abraham	Victoria Park & Connswater AC	Male	M	31.	00:34:44
89.	219	Garvan O'Connor	Annadale Striders	Male	M45	13.	00:34:47
90.	280	David Hanna	Lagan Valley AC	Male	M45	14.	00:34:47
91.	393	Toby Niblock	Willowfield Harriers	Male	M	32.	00:34:49

Mallusk XC 2025

Overall Results

Rank	Num	Name	Club	M/F	Group	Group Rk	Time
92.	252	John Nicholson	Ballymena Runners	Male	M45	15.	00:34:51
93.	372	Killian Lennon	St Peters	Male	M35	20.	00:34:52
94.	349	Gregory Roberts	Portadown Running Club	Male	M	33.	00:35:02
95.	270	Barrie Atkinson	East Down AC	Male	M45	16.	00:35:09
96.	229	Gareth Kelly	Armagh AC	Male	M45	17.	00:35:21
97.	347	Mark Reynolds	Portadown Running Club	Male	M50	7.	00:35:22
98.	250	Mark McCaul	Ballymena Runners	Male	M40	10.	00:35:25
99.	376	Joseph Mckay	Victoria Park & Connswater AC	Male	M35	21.	00:35:33
100.	366	Colin Armstrong	St Peters	Male	M40	11.	00:35:35
101.	245	Robert Clyde	Ballymena Runners	Male	M55	8.	00:35:45
102.	239	Nathan Lilly	Ballydrain Harriers	Male	M	34.	00:35:56
103.	357	Ismail Karauzum	Scrabo Striders	Male	M50	8.	00:36:01
104.	377	Ben Holden	Victoria Park & Connswater AC	Male	M35	22.	00:36:04
105.	233	Andy Thomson	Ballydrain Harriers	Male	M40	12.	00:36:11
106.	355	Gary Lyttle	Scrabo Striders	Male	M40	13.	00:36:20
107.	343	Joel Mcfetridge	PACE	Male	M40	14.	00:36:32
108.	244	Darren Walker	Ballymena Runners	Male	M45	18.	00:36:44
109.	235	Luke Wallace	Ballydrain Harriers	Male	M	35.	00:36:48
110.	283	Richard Edwards	Lagan Valley AC	Male	M55	9.	00:36:51
111.	358	David Foster	Seapark AC	Male	M40	15.	00:36:55
112.	367	Donogh McLaverty	St Peters	Male	M35	23.	00:36:58
113.	248	Denver Robb	Ballymena Runners	Male	M45	19.	00:36:59
114.	265	Jim Finlay	East Antrim Harriers	Male	M55	10.	00:37:02
115.	354	Dominic Donnelly	RoadRunnersAC	Male	M40	16.	00:37:08
116.	300	Kevin Donnelly	Mallusk Harriers	Male	M50	9.	00:37:14
117.	382	Ghislain Demeuldre	Victoria Park & Connswater AC	Male	M55	11.	00:37:16
118.	217	Ben Stocks	Annadale Striders	Male	M40	17.	00:37:18
119.	362	Niall Creaney	St Peters	Male	M	36.	00:37:20
120.	364	Ethan Headley	St Peters	Male	M	37.	00:37:22
121.	369	Seamus Melanophy	St Peters	Male	M55	12.	00:37:22
122.	267	Michael McDonald	East Antrim Harriers	Male	M	38.	00:37:25

Mallusk XC 2025

Overall Results

Rank	Num	Name	Club	M/F	Group	Group Rk	Time
123.	285	Andy Gregg	Larne AC	Male	M55	13.	00:37:28
124.	320	Colin Willetts	North Belfast Harriers	Male	M40	18.	00:37:35
125.	399	Dan Mitchell		Male	M50	10.	00:37:36
126.	247	John Donnelly	Ballymena Runners	Male	M55	14.	00:37:36
127.	261	Aaron Anderson	County Antrim Harriers	Male	M40	19.	00:37:43
128.	334	Tony Scullion	Northern Ireland Civil Service Athletics Club	Male	M55	15.	00:37:48
129.	356	Jonathan Swann	Scrabo Striders	Male	M40	20.	00:37:55
130.	238	Graham Hill	Ballydrain Harriers	Male	M55	16.	00:37:58
131.	336	Michael O'Donoghue	Orangetown AC	Male	M45	20.	00:38:04
132.	266	David Turtle	East Antrim Harriers	Male	M45	21.	00:38:18
133.	243	James McLornan	Ballymena Runners	Male	M45	22.	00:38:25
134.	386	Raymond Leitch	Victoria Park & Connswater AC	Male	M50	11.	00:38:25
135.	370	Martin McCracken	St Peters	Male	M50	12.	00:38:45
136.	368	Ciaran McCavigan	St Peters	Male	M35	24.	00:38:51
137.	278	Andrew Willis	Jog Lisburn Running Club	Male	M50	13.	00:38:52
138.	398	John Reilly-Stewart		Male	M50	14.	00:38:54
139.	385	Ralph Coetzee	Victoria Park & Connswater AC	Male	M50	15.	00:39:00
140.	307	Kevin Crossley	North Belfast Harriers	Male	M50	16.	00:39:19
141.	395	Damian Boylan	Willowfield Harriers	Male	M40	21.	00:39:32
142.	277	Martin Conlon	Gym Co Harriers	Male	M	39.	00:39:45
143.	341	Robin Montgomery	Orangetown AC	Male	M50	17.	00:39:49
144.	387	Robert Powell	Victoria Park & Connswater AC	Male	M45	23.	00:40:02
145.	302	Jock Mewha	Monkstown Spartans	Male	M40	22.	00:40:06
146.	260	Conor Diver	Cherryvale Harriers	Male	M50	18.	00:40:09
147.	291	Anton Piatek	Mallusk Harriers	Male	M40	23.	00:40:09
148.	279	Claudio D'Arconte	Lagan Valley AC	Male	M45	24.	00:40:16
149.	301	Graham Beattie	Monkstown Spartans	Male	M55	17.	00:40:45
150.	293	Johnny Carey	Mallusk Harriers	Male	M40	24.	00:40:53
151.	282	Adam Brown	Lagan Valley AC	Male	M35	25.	00:41:15
152.	299	Chris Latimer	Mallusk Harriers	Male	M	40.	00:41:26
153.	246	Raymond Ruck	Ballymena Runners	Male	M60	1.	00:41:44

Mallusk XC 2025

Overall Results

Rank	Num	Name	Club	M/F	Group	Group Rk	Time
154.	351	Lee Dougan	Portadown Running Club	Male	M	41.	00:42:09
155.	298	Ian Brennan	Mallusk Harriers	Male	M40	25.	00:42:25
156.	379	Graeme Gourley	Victoria Park & Connswater AC	Male	M45	25.	00:42:28
157.	231	Jonny Lilly	Ballydrain Harriers	Male	M55	18.	00:42:36
158.	340	Andrew Bates	Orangegrove AC	Male	M	42.	00:42:41
159.	365	Dom McGeough	St Peters	Male	M40	26.	00:42:43
160.	378	Dave Watkins	Victoria Park & Connswater AC	Male	M55	19.	00:42:48
161.	342	Colin Simpson	Orangegrove AC	Male	M55	20.	00:42:50
162.	303	David Limb	Monkstown Spartans	Male	M45	26.	00:43:23
163.	359	Alan Kerr	Seapark AC	Male	M55	21.	00:43:47
164.	288	Michael Whittley	Mallusk Harriers	Male	M45	27.	00:45:05
165.	289	Aidyrunner Hughes	Mallusk Harriers	Male	M50	19.	00:45:48
166.	311	Gerry Anderson	North Belfast Harriers	Male	M55	22.	00:46:33
167.	305	Rodney Farrelly	Monkstown Spartans	Male	M55	23.	00:48:58

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Number of records: 354